

# Lessons From the Autoregressive/Non-autoregressive Battle in Speech Synthesis

Xu Tan

Microsoft Research Asia

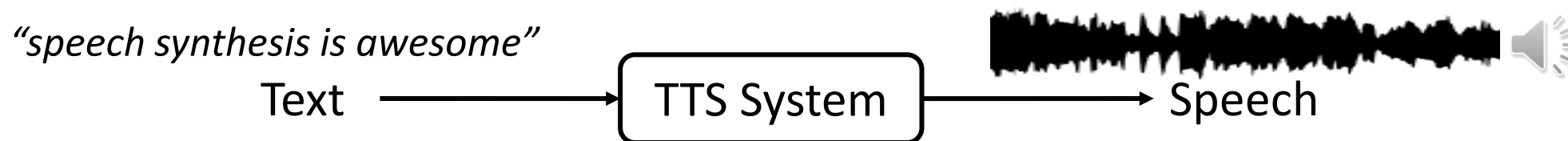
[xuta@microsoft.com](mailto:xuta@microsoft.com)

# About Me

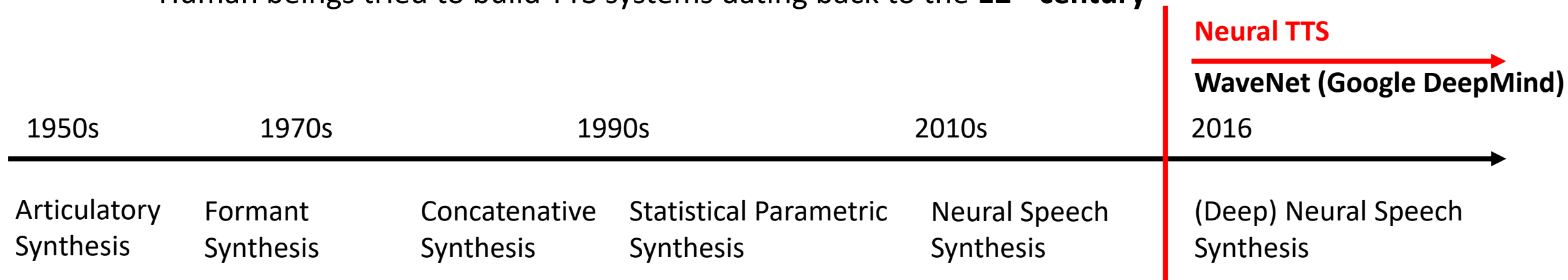
- Xu Tan (谭旭)
  - Principal Researcher and Research Manager @ Microsoft Research Asia
- Research interests
  - Speech: FastSpeech 1/2, NaturalSpeech 1/2, UniAudio (<https://speechresearch.github.io/>)
  - Music: Muzic project (<https://github.com/microsoft/muzic>)
  - Avatar: GAIA project (<https://microsoft.github.io/GAIA/>)
  - Large language models
- Homepage
  - <https://www.microsoft.com/en-us/research/people/xuta/>
  - <https://scholar.google.com/citations?user=tob-U1oAAAAJ>

# Text-to-Speech Synthesis

- Text-to-speech (TTS): generate intelligible and natural speech from text

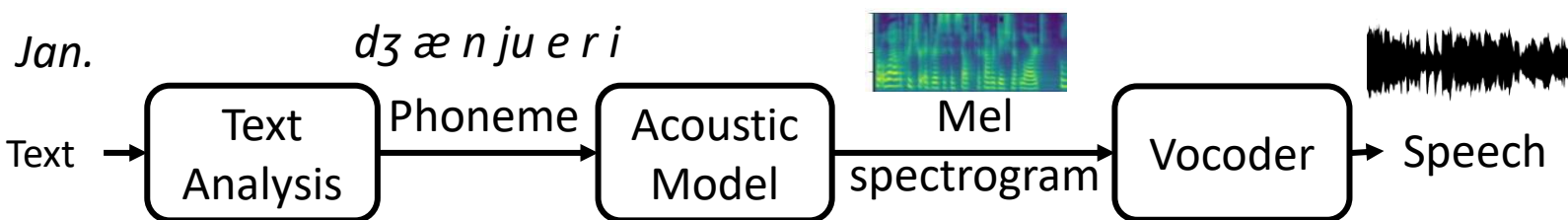


- Enabling machine to speak is an important part of AI
  - TTS (speaking)** is as important as **ASR (listening)**, **NLU (reading)**, **NLG (writing)**
  - Human beings tried to build TTS systems dating back to the **12<sup>th</sup> century**

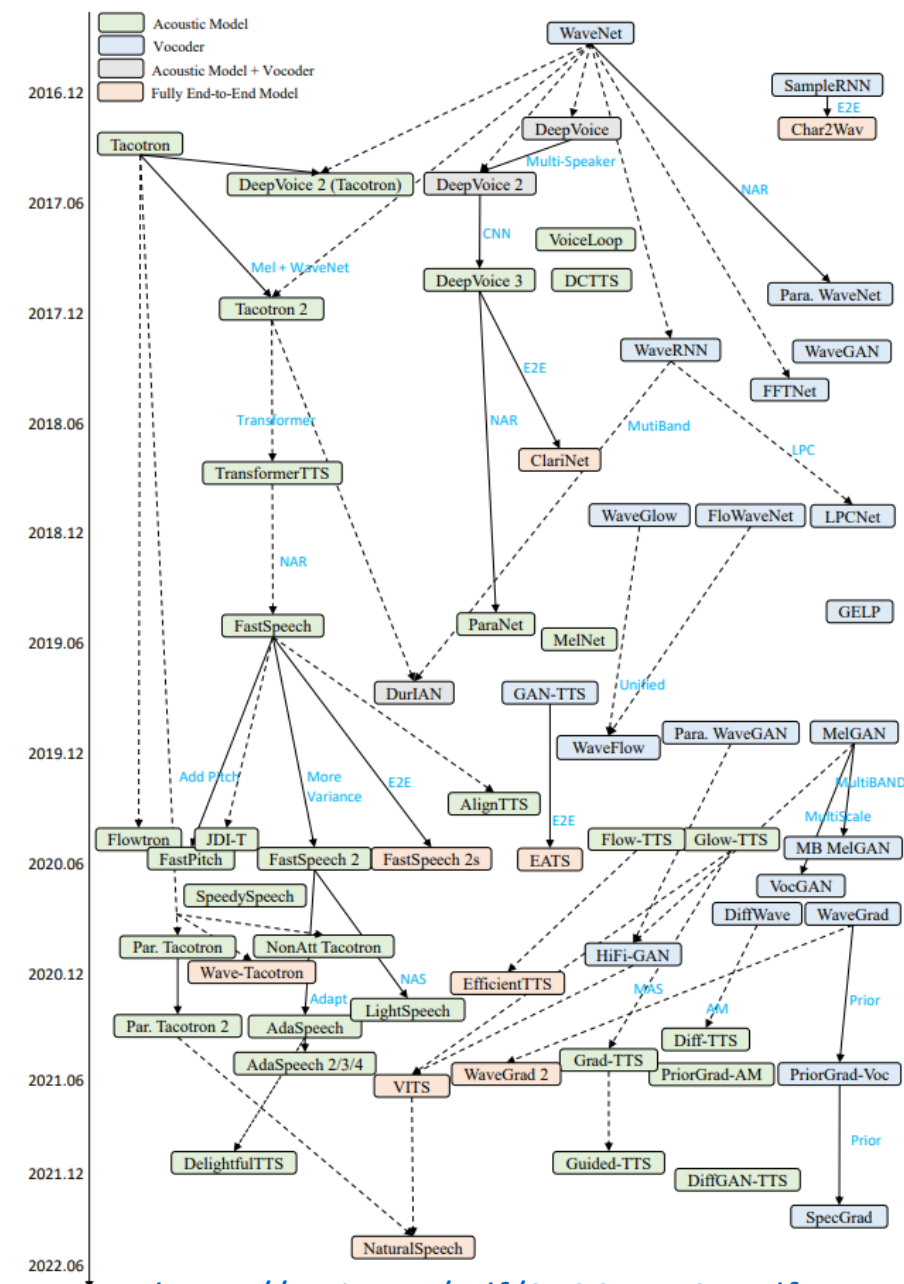


# Typical Neural TTS Pipeline

- Text analysis, acoustic model, and vocoder



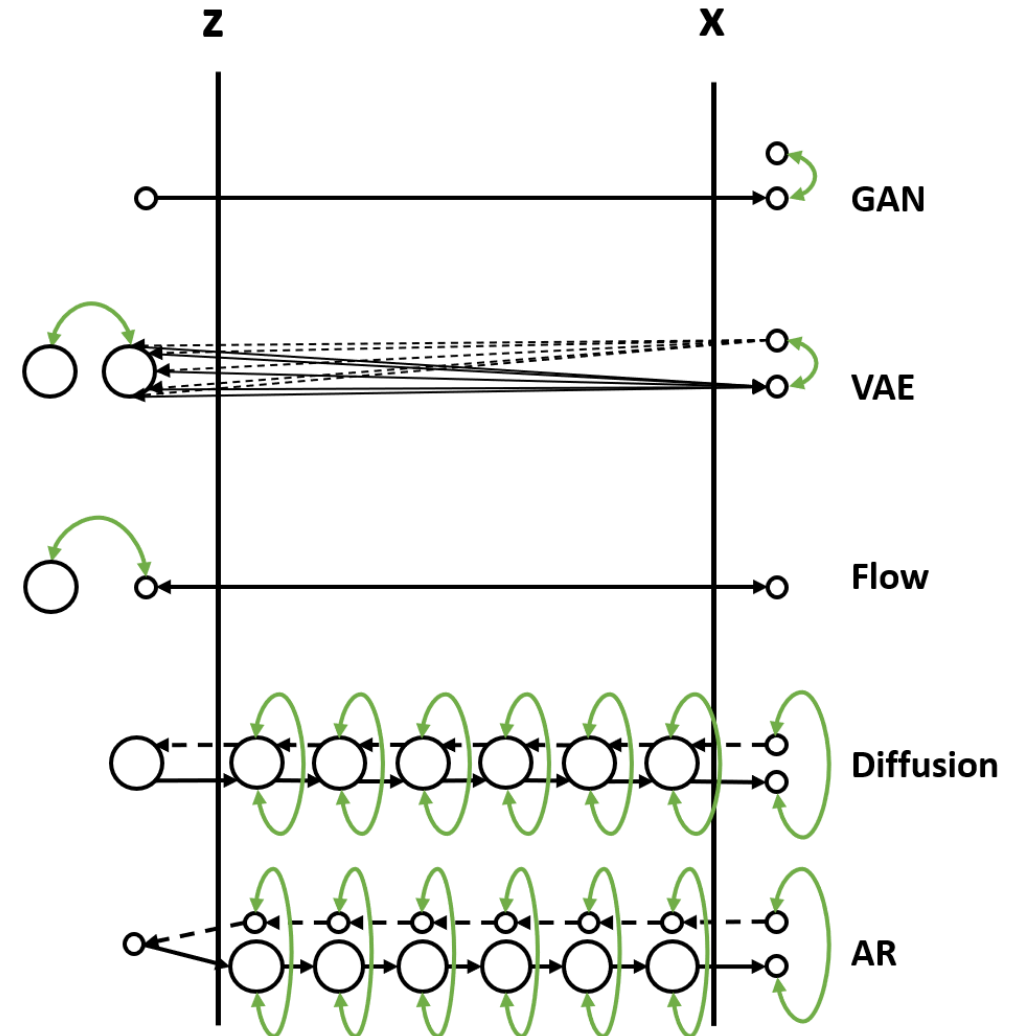
- Text analysis: text → linguistic features
- Acoustic model: linguistic features → acoustic features
- Vocoder: acoustic features → speech
- Linguistic features: phoneme, prosody features
- Acoustic features: **mel-spectrogram, discrete token, latent vector**



<https://arxiv.org/pdf/2106.15561.pdf>

# AR vs NAR in Neural TTS

- Generative models can be classified in AR/NAR
  - AR: Autoregressive
  - NAR: GAN, VAE, Flow, Diffusion (Flow Matching)
- Difference between AR and NAR (Diffusion)
  - How to factorize data?
    - AR: along time axis
    - NAR: along noise level
  - How to determine alignment/duration?
    - AR: implicitly
    - NAR: explicitly
  - Iteration steps
    - AR: sequence length
    - NAR: flexible



<https://zhuanlan.zhihu.com/p/591881660>

# The Battle Between AR and NAR

	Acoustic Model		Vocoder	
Timeline	AR	NAR	AR	NAR
2017.06	Tacotron		WaveNet	
2017.12	Tacotron 2, DeepVoice 3			Par. WaveNet
2018.06			WaveRNN	
2018.12	Transformer TTS		LPCNet	WaveGlow
2019.06		FastSpeech		
2019.12				MelGAN, Par. WaveGAN
2020.06		FastSpeech 2, Glow-TTS		
2020.12				DiffWave, WaveGrad, HiFiGAN
2021.06		GradTTS		
2021.12		VITS		<b>SoundStream</b>
2022.06		NaturalSpeech		BigVGAN
2022.12	<b>AudioLM</b>			<b>EnCodec</b>
2023.06	<b>VALL-E, SPEAR-TTS</b>	<b>NaturalSpeech 2</b>		
2023.12	<b>UniAudio</b>	<b>SoundStorm, VoiceBox</b>		

# The Battle Between AR and NAR

	Acoustic Model		Vocoder	
Timeline	AR	NAR	AR	NAR
2017.06	Tacotron		WaveNet	
2017.12	Tacotron 2, DeepVoice 3			Par. WaveNet
2018.06			WaveRNN	
2018.12	Transformer TTS		LPCNet	WaveGlow
2019.06		FastSpeech		
2019.12				MelGAN, Par. WaveGAN
2020.06		FastSpeech 2, Glow-TTS		
2020.12				DiffWave, WaveGrad, HiFiGAN
2021.06		GradTTS		
2021.12		VITS		
2022.06		NaturalSpeech		SoundStream
2022.12	AudioLM			BigVGAN
2023.06	VALL-E, SPEAR-TTS	NaturalSpeech 2		EnCodec
2023.12	UniAudio	SoundStorm, VoiceBox		

# The Battle Between AR and NAR

	Acoustic Model		Vocoder	
Timeline	AR	NAR	AR	NAR
2017.06	Tacotron		WaveNet	
2017.12	Tacotron 2, DeepVoice 3			Par. WaveNet
2018.06			WaveRNN	
2018.12	Transformer TTS		LPCNet	WaveGlow
2019.06		FastSpeech		
2019.12				MelGAN, Par. WaveGAN
2020.06		FastSpeech 2, Glow-TTS		
2020.12				DiffWave, WaveGrad, HiFiGAN
2021.06		GradTTS		
2021.12		VITS		<b>SoundStream</b>
2022.06		NaturalSpeech		BigVGAN
2022.12	<b>AudioLM</b>			<b>EnCodec</b>
2023.06	<b>VALL-E, SPEAR-TTS</b>			
2023.12	<b>UniAudio</b>	<b>NaturalSpeech 2</b> <b>SoundStorm, VoiceBox</b>		

# Trends of the AR/NAR Battle

- Trend 1: NAR dominates Vocoder (Codec)
- Trend 2: NAR shows advantage in acoustic model before the LLM era
- Trend 3: LLMs revive the AR/NAR battle

# Explanation of Trend 1&2

- Target-Target (T-T) vs Target-Source (T-S) dependency
  - T-T: dependency among target tokens
  - T-S: dependency on source tokens
- Difficulty of AR/NAR
  - If  $T-T > T-S \rightarrow$  more information is needed from target tokens  $\rightarrow$  NAR is more difficult
  - Vice versa
- Connection to multi-modality
  - Multi-modality:  $P(x|y)$  is not single-modal, not one-one mapping
    - e.g., “Thank You”  $\rightarrow$  “Vielen Dank” or “Danke”
  - If T-S dominates,  $P(x|y)$  is more single-modal, a source token will have one definite mapping
  - If T-T dominates,  $P(x|y)$  is multi-modal, a source token will have multiple mappings

# T-S Dependency

Type of T-S Dependency	Task	Alignment
Target has correspondence with source	Speech Enhancement	<b>Inherent</b> alignment
	Voice Conversion	
	Text to Speech	<b>Duration/Attention</b> alignment
	Singing Voice Synthesis	<b>MusicScore</b> alignment
	Speech Recognition	<b>CTC/Transducer/Attention</b> alignment
Target is a minor change of source	Text Error Correction	Locate the minor changes
	Text Style Transfer	Content not changes but style changes
Target is a translation of source	Machine Translation	<b>Attention</b> alignment
Target is implicitly correlated to source	Dialogue Generation	<b>Semantic</b> alignment
	Image Generation	<b>Semantic</b> alignment

# T-T Dependency

Type of T-T Dependency	Task	Description
Text	Machine Translation	Discrete tokens in languages are <b>contextualized</b> , explained mutually. <b>Strong mutual dependency</b>
	Text Summarization	
	Text Error Correction	
	Text Style Transfer	
	Dialogue Generation	
	Speech Recognition	
Speech and Image	Text to Speech	For continuous signal like speech/sound/image, they depends on the concept, like speech frames depend on a word, image pixel depend on a class. <b>Weaker mutual dependency</b>
	Singing Voice Synthesis	
	Image Generation	

# T-T/T-S Dependency and NAR Difficulty

Modality	Task	Source	Target	T-T vs T-S	Difficulty of NAR
Text Generation	Machine Translation	Source language	Target language	$\approx$	*****
	Text Summarization	Long text	Short Summarization	$\approx$	*****
	Dialogue Generation	Dialogue	Response	$>$	*****
	Text Error Correction	Error Text	Correct Text	$<$	***
	Text Style Transfer	Source Text	Target text	$<$	***
	Speech Recognition	Speech	Text	$\leq$	****
Speech Generation	<b>Text to Speech</b>	<b>Text</b>	<b>Speech</b>	$<$	***
	Singing Voice Synthesis	Score	Singing Voice	$<$	**
	Voice Conversion	Source Voice	Target Voice	$\ll$	*
	Speech Enhancement	Noisy Speech	Clean Speech	$\ll$	*
Image Generation	Pixel Generation	Class ID	Image Pixel	-	*
	Discrete Token Generation		Image Token	-	**

# Explanation of Trend 1&2

- Trend 1: NAR dominates Vocoder (Codec)
- Trend 2: NAR shows advantage in acoustic model before the LLM era

	TTS (Overall)	Vocoder	Acoustic Model
Target	Signal Not Symbol	Continuous Signal (Perceptual)	Content/Prosody/Timbre/Acoustic (Semantic)
T-T Dependency	Weaker Than Text	Short-term, Low-level, Local	Long-term, High-level, Global
T-S Dependency	1-1 Correspondence	Frame-level alignment	Duration/Attention Alignment
NAR Difficulty	<b>Easier than ASR/NMT</b>	<b>Very Easy, NAR Dominates</b>	<b>Easy, NAR Shows Advantage Before LLM Era</b>

# Lessons Learned From Trend 1&2

- **Lesson 1:** To generate low-level perceptual details, **NAR is preferred**. If T-S has strong dependency, NAR is the best choice.
  - Audio (speech/music/sound): vocoder, codec
  - Image: VAE/VQ-VAE/VQ-GAN
  - Image/audio super-resolution/enhancement
- **Lesson 2:** To generate high-level semantic information, **AR is preferred**. If T-S has no strong correspondence, AR is the best choice.
  - LLMs for text generation
  - Non-autoregressive NMT is a great lesson
- **Lesson 3:** To generate mid-level semantic/acoustic information, **NAR has advantages**, if T-S has strong dependency, and speed/robustness are considered
  - NAR-based acoustic model in TTS, speed/robustness are better than AR-based
  - e.g., FastSpeech 2 vs Transformer TTS

Iterative NAR can also do well in modeling T-T dependency!

# Trend: LLMs Revive the AR/NAR Battle

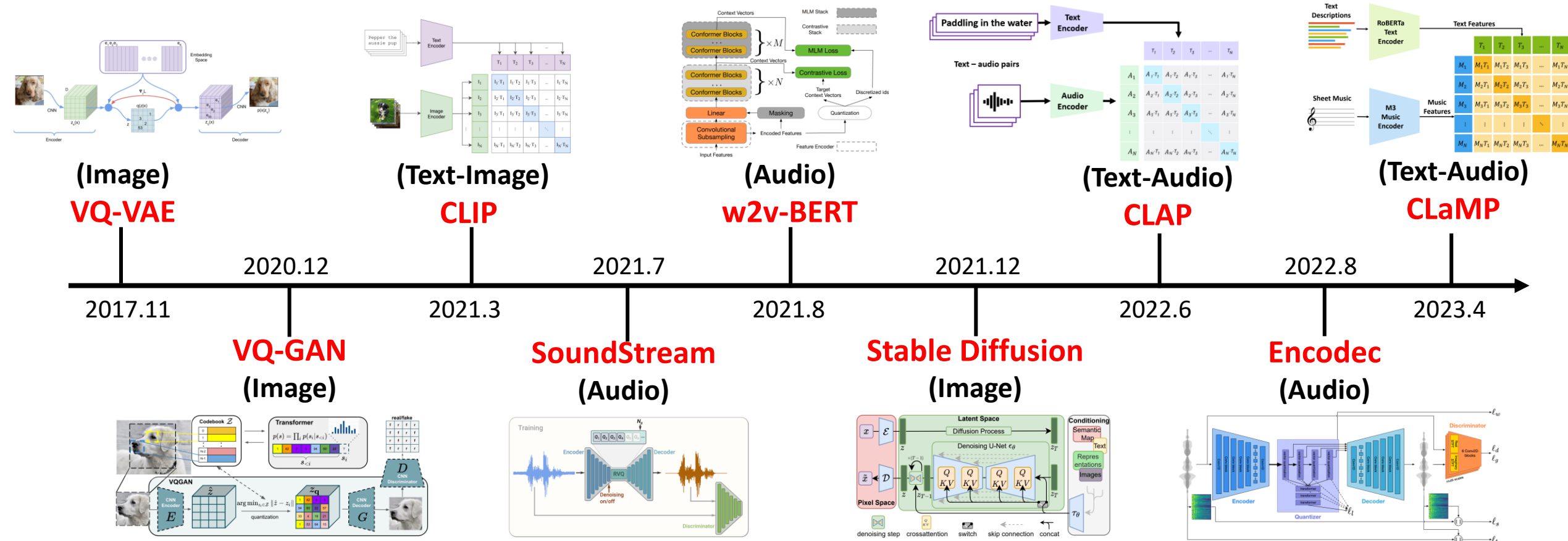
	Acoustic Model		Vocoder	
Timeline	AR	NAR	AR	NAR
2017.06	Tacotron		WaveNet	
2017.12	Tacotron 2, DeepVoice 3			Par. WaveNet
2018.06			WaveRNN	
2018.12	Transformer TTS		LPCNet	WaveGlow
2019.06		FastSpeech		
2019.12				MelGAN, Par. WaveGAN
2020.06		FastSpeech 2, Glow-TTS		
2020.12				DiffWave, WaveGrad, HiFiGAN
2021.06		GradTTS		
2021.12		VITS		<b>SoundStream</b>
2022.06		NaturalSpeech		BigVGAN
2022.12	<b>AudioLM</b>			<b>EnCodec</b>
2023.06	<b>VALL-E, SPEAR-TTS</b>	<b>NaturalSpeech 2</b>		
2023.12	<b>UniAudio</b>	<b>SoundStorm, VoiceBox</b>		

# Lesson 4: The Goal/Paradigm of TTS Has Shifted In the New Era

- Original goal: synthesize intelligible and natural speech
  - Intelligible: **achieved**
  - Natural: quality on limited styles/speakers/languages, **achieved**
- Goal now: natural and human-like
  - Diverse styles/speakers/languages
  - Huge effort to cover so many varieties
    - Prosody/emotion/style: **unlimited** variety
    - Speaker/timbre: **billions** of speakers in the world
    - Content/language: **thousands** of languages
- The paradigm to achieve the new goal
  - **Pre-train** on large-scale/diverse data
  - **Fine-tune** on specific style/speaker/language
  - **Zero-shot/in-context learning** on novel styles/speakers/languages

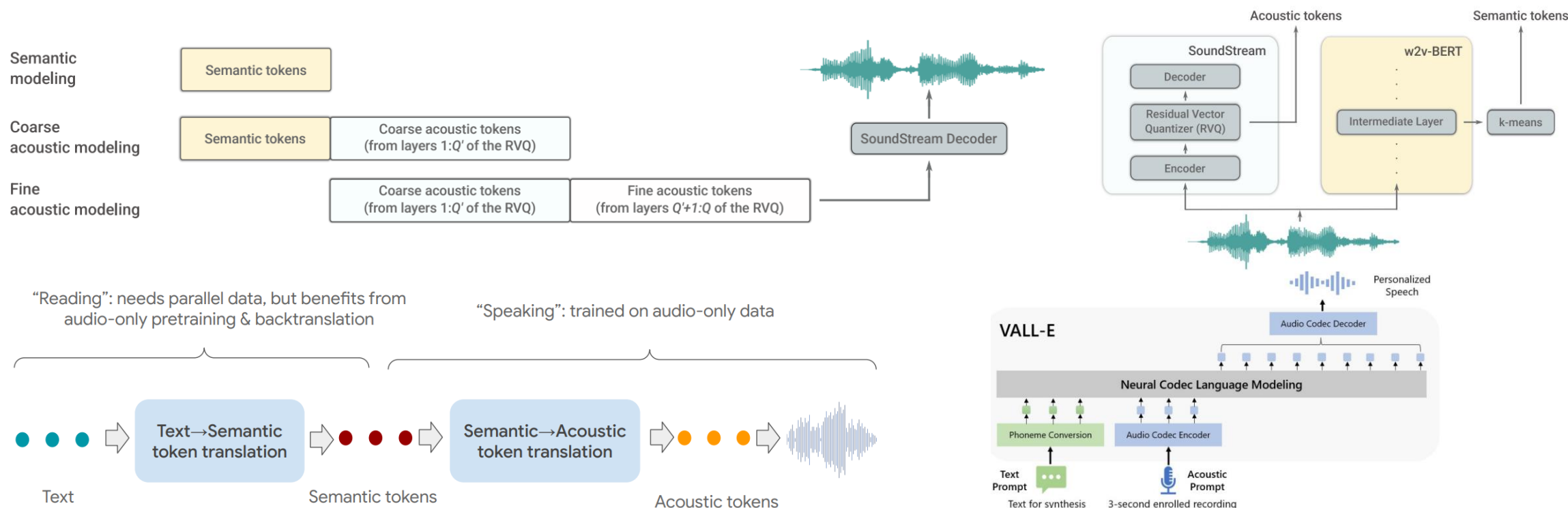
# Recap LLM-based TTS

- Neural data representation/tokenization



# Recap LLM-based TTS

- Transformer and decoder-only based LLMs
  - AudioLM**: 1) Semantic, 2) Semantic → Coarse Acoustic, 3) Coarse Acoustic → Fine Acoustic
  - SPEAR-TTS**: 1) Text → Semantic Tokens, 2) Semantic → Acoustic
  - VALL-E**: 1) Text → Acoustic 1<sup>st</sup>, 2) Acoustic 1<sup>st</sup> → Acoustic 2<sup>nd</sup> - 8<sup>th</sup> (NAR)



# Lesson 5: Data/Model Scaling (Out)Weigh Domain Knowledge

- With LLMs and data/model scaling, AR show competitiveness against with NAR
  - Prior domain knowledge (**duration alignment**) show advantages before the LLM era
  - Simple data/modeling scaling (**hundreds of thousands or millions of hours**) weigh or outweigh
  - **Inspirations from other areas (i.e., LLMs) can bring new variables in the battle that was originally going to be lost**
- Perspective
  - Practitioners in TTS: research or product
  - Practitioners in language/speech, audio domain, multimodality

# Lesson 6: The AR/NAR Battle Is Not A Zero-Sum Game

	AR	NAR
Models	<ul style="list-style-type: none"> <li>• AudioLM</li> <li>• VALL-E</li> <li>• SPEAR-TTS</li> <li>• UniAudio</li> </ul>	<ul style="list-style-type: none"> <li>• NaturalSpeech 2</li> <li>• SoundStorm</li> <li>• Mega-TTS</li> <li>• VoiceBox</li> </ul>
Pros	<ul style="list-style-type: none"> <li>• Stand on the shoulder of LLMs (e.g., in-context learning, scalability)</li> <li>• Diverse/expressive (sampling)</li> </ul>	<ul style="list-style-type: none"> <li>• Stable/Robust</li> <li>• Fast inference</li> <li>• Control/Disentangle</li> </ul>
Cons	<ul style="list-style-type: none"> <li>• Not stable/robust (severe in 0-shot)</li> <li>• Slow inference</li> <li>• Long sequence (complex pipeline)</li> </ul>	<ul style="list-style-type: none"> <li>• Over-smoothness (fidelity, prosody) and less diversity</li> <li>• Complicated alignment process</li> </ul>

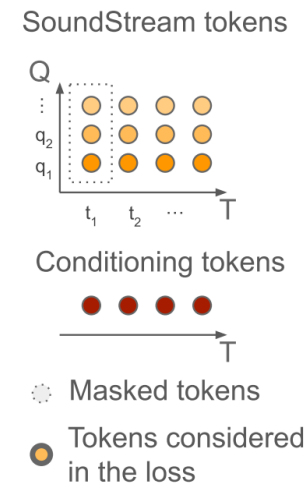
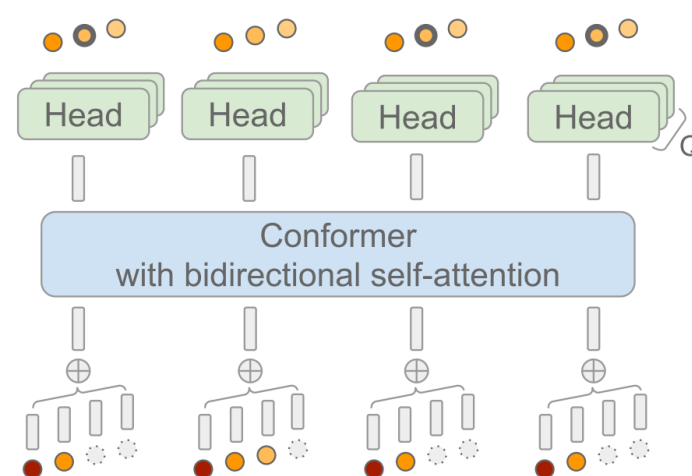
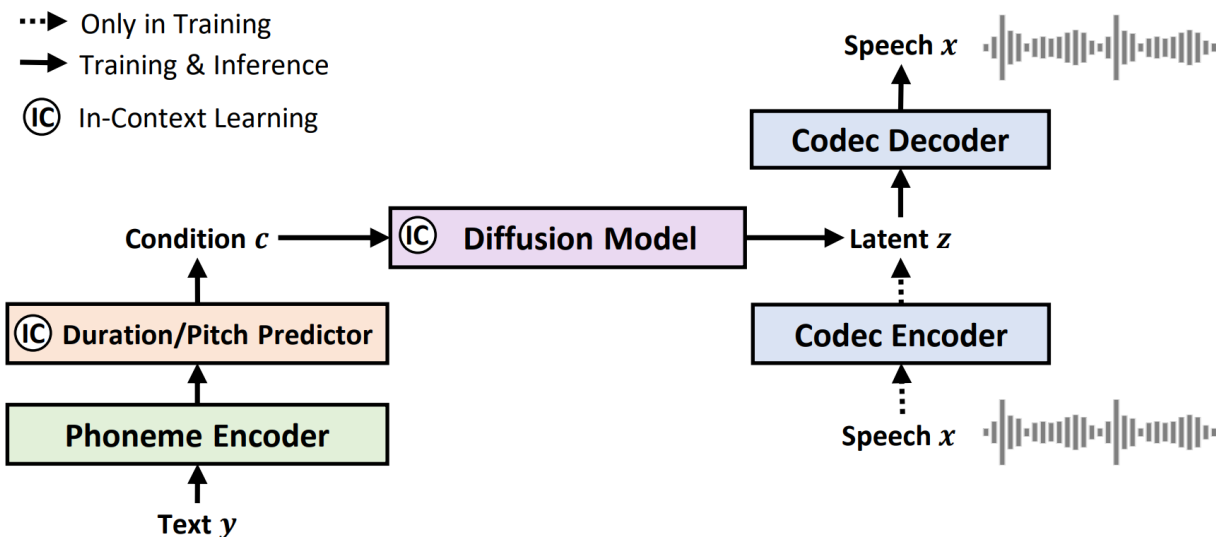
Difference	AR	NAR	Impact
Data Factorization	Along time axis	Along noise level	
Alignment/duration	Implicitly	Explicitly	Stable/Robust, Flexible
Iteration steps	Sequence length	Flexible	Fast

# Lesson 6: The AR/NAR Battle Is Not A Zero-Sum Game

- AR/LLM-based and NAR-based TTS models have different application scenarios
  - AR-based has better **diversity, prosody, expressiveness, and flexibility** than NAR model
  - NAR is better in **speed and robustness**
  - After single-speaker finetuning, **AR models also has few bad cases**, although loses zero-shot capabilities
  - NAR is better in **disentanglement and control** (timbre, prosody, etc)
  - Combine AR and NAR: **semantic-level AR + perceptual-level NAR**

# Lesson 7: Tokenization/Sampling Is Critical for Diversity/Expressiveness

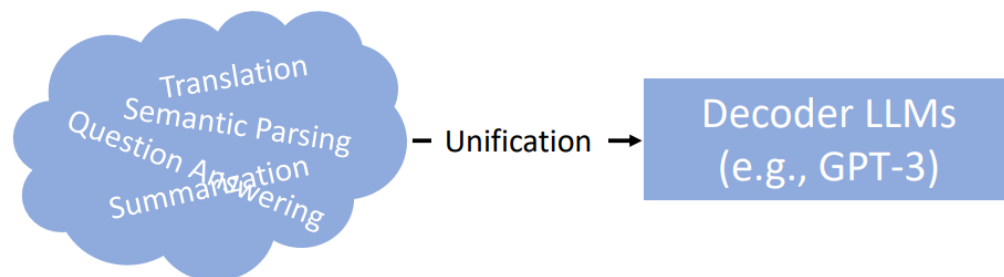
- Tokenization: softmax and cross-entropy
  - Classification to model diverse distribution and support sampling, instead of regression (GAN, VAE, Flow, Diffusion)
  - **Not only benefit for AR but also NAR** (NAR can model discrete tokens)
  - e.g., NaturalSpeech 2 (latent diffusion model with  $L_{ce\_rvq}$  loss) and SoundStorm



# Lesson 8: Think Outside The Box: The Real Competition May Not Come From Within The Field

- The advantage of LLMs is **scalability and flexibility**, instead of perfect performance on every single task
  - Do not care winning or losing battles but care the war!

- A lesson from NLP

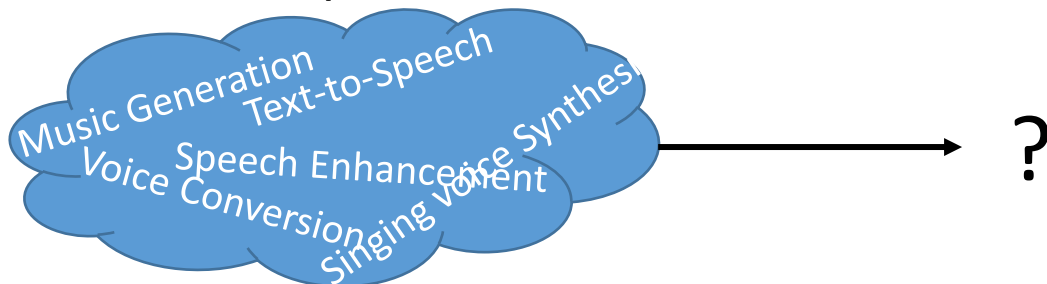


NLP

**Summarization is (Almost) Dead**

**Xiao Pu\*, Mingqi Gao\*, Xiaojun Wan**  
Wangxuan Institute of Computer Technology, Peking University  
puxiao@stu.pku.edu.cn  
{gaomingqi, wanxiaojun}@pku.edu.cn

- How about speech/audio?



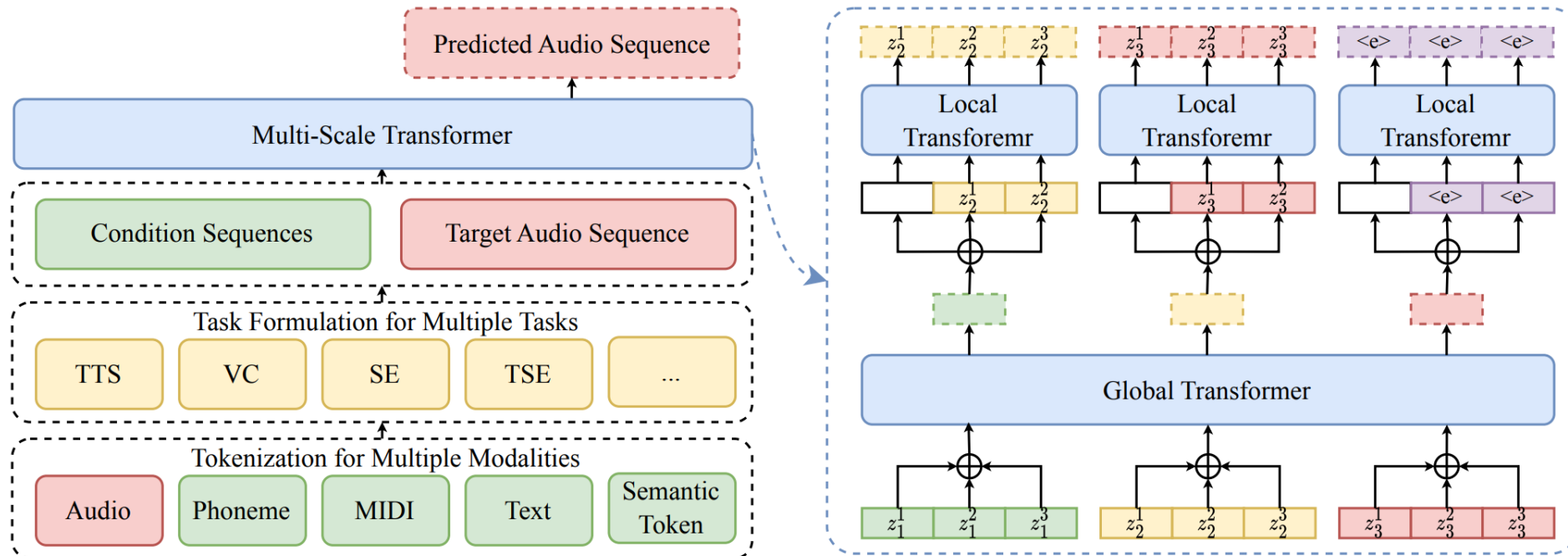
# Lesson 8: Think Outside The Box: The Real Competition May Not Come From Within The Field

- UniAudio: Unify all audio (speech, singing, music, sound) generation tasks in a single LLM
  - Task formulation: concatenate condition-target as a single sequence
  - e.g., <start> <audio\_task> <text\_start> text\_sequence <text\_end> <audio\_start> audio\_sequence <audio\_end> <end>

Task	Conditions	Audio Target
Text-to-Speech (TTS) (Wang et al., 2023a)	phoneme, speaker prompt	speech
Voice Conversion (VC) ♣ (Wang et al., 2023e)	semantic token, speaker prompt	speech
Speech Enhancement (SE) ♣ (Wang et al., 2023b)	noisy speech	speech
Target Speech Extraction (TSE) ♣ (Wang et al., 2018)	mixed speech, speaker prompt	speech
Singing Voice Synthesis (SVS) (Liu et al., 2022)	phoneme (with duration), speaker prompt, MIDI	singing
Text-to-Sound (Sound) (Yang et al., 2023c)	textual description	sounds
Text-to-Music (Music) (Agostinelli et al., 2023)	textual description	music
Audio Edit (A-Edit) ♣◇ (Wang et al., 2023d)	textual description, original sounds	sounds
Speech dereverberation (SD) ♣◇ (Wu et al., 2016)	reverberant speech	speech
Instruct TTS (I-TTS) ◇ (Guo et al., 2023)	phoneme, textual instruction	speech
Speech Edit (S-Edit) ◇ (Tae et al., 2021)	phoneme (with duration), original speech	speech

# Lesson 8: Think Outside The Box: The Real Competition May Not Come From Within The Field

- UniAudio: Unify all audio (speech, singing, music, sound) generation tasks in a single LLM



# Lesson 8: Think Outside The Box: The Real Competition May Not Come From Within The Field

- UniAudio: Unify all audio (speech, singing, music, sound) generation tasks in a single LLM

Model	TTS	VC	SE	TSE	SVS	Sound	Music	A-Edit	SD	I-TTS	S-Edit
YourTTS (Casanova et al., 2022)	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗
VALL-E (Wang et al., 2023a)	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
MusicLM (Wang et al., 2023a)	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗
SPEARTTS (Kharitonov et al., 2023)	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗
NaturalSpeech2 (Shen et al., 2023)	✓	✓	✓	✗	✓	✗	✗	✗	✗	✗	✗
Make-A-Voice (Huang et al., 2023b)	✓	✓	✗	✗	✓	✗	✗	✗	✗	✗	✗
Maga-TTS (Jiang et al., 2023)	✓	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓
VoiceBox (Le et al., 2023)	✓	✗	✓	✗	✗	✗	✗	✗	✗	✗	✓
AudioLDM2 (Liu et al., 2023b)	✓	✗	✗	✗	✗	✓	✓	✗	✗	✗	✗
SpeechX (Wang et al., 2023c)	✓	✗	✓	✓	✗	✗	✗	✗	✗	✗	✓
UniAudio (ours)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

# Lesson 8: Think Outside The Box: The Real Competition May Not Come From Within The Field

- The advantage of LLMs is **scalability and flexibility**, instead of perfect performance on every single task
  - Do not care winning or losing battles but care the war!
  - UniAudio-like work will dominate the whole audio tasks, not merely TTS or generation
  - Universal task support (speech/singing/music/sound, understanding/generation), next word prediction, scaling law, in-context learning, prompting

# Lessons Learned

- **Lesson 1:** To generate low-level perceptual detail, NAR is preferred. If T-S has strong dependency, NAR is the best choice
- **Lesson 2:** To generate high-level semantic information, AR is preferred. If T-S has no strong dependency, AR is the best choice
- **Lesson 3:** To generate mid-level semantic/acoustic information, NAR has advantages, if T-S has strong dependency, and speed/robustness are considered
- **Lesson 4:** The goal/paradigm of TTS has shifted in the new era
- **Lesson 5:** Data/model scaling (out)weigh domain knowledge
- **Lesson 6:** The AR/NAR battle is not a zero-sum game
- **Lesson 7:** Tokenization/sampling is critical for diversity/expressiveness
- **Lesson 8:** Think outside the box: the real competition may not come from within the field

# Tips From These Lessons

- **Tip 1: Choose AR/NAR** according to your scenarios (more signal/perceptual or semantic/contextual, fast inference, streaming, high-quality single speaker, zero-shot, stableness, scalability?)
- **Tip 2: Exploit NAR**, e.g., tokenization/sampling, disentanglement/control, stable zero-shot
- **Tip 3: Explore AR**, beyond speech synthesis, ChatGPT moment in audio domain
- **Tip 4: Scale** data/model/task, explore the unknown

Thanks

A book on “*Neural Text-to-Speech Synthesis*”

published by Springer!

<https://link.springer.com/book/9789819908264>

Xu Tan

# Neural Text-to- Speech Synthesis

# Thank You!

<https://www.microsoft.com/en-us/research/people/xuta/>  
<https://speechresearch.github.io/>  
[tan-xu.github.io](https://tan-xu.github.io)